ISLAMIC PRIMARY SCHOOL NOTICE EdUHK Jockey Club School Transition and Readiness Project Free Resource Kits for Primary One and Two Students

E/IC/SC/22/<u>60</u> 21st October 2022

Dear Parents,

The school applied to the 'EdUHK Jockey Club School Transition and Readiness Project' to provide comprehensive support for the students and parents in the transition from kindergarten to primary school.

The first resource kit set, themed 'Understanding Daily Routines and Self-Regulation Techniques,' includes a storybook, game sets, stationery and decorations with visual cues, a magnetic timetable set and a sandglass timer.

The second set will be developed under the theme of 'Learning and Executive Function Skills', which includes a series of learning activities and games tailored for enhancing executive function skills. It supports children's cognitive skills development including reflective learning, attention and memory.

The final set, themed 'Socioemotional Well-being', will come with board games which include elements of primary school life. It will also include a reward box and resources for practicing mindfulness and gratitude, to promote positive family education.

Further details are listed as follows:

Thr	ee Key Themes	Content Highlights	
1.	Understanding Daily Routines and Self- Regulation Techniques	 Getting to know primary school life Acquiring a better understanding of routines Time-management skills development 	 Game sets Storybooks and stationery set Magnetic timetable set, sandglass timer
2.	Learning and Executive Functioning Skills	 Practicing a reflective learning ability Promotes attention and memory Develops self-regulation ability 	 Learning skills activity booklet Executive function games
3.	Socioemotional Well-being	 Improves emotional management skills Learning to cope with interpersonal challenges Mindfulness and gratitude practice 	 Reward box Board games Resources for mindfulness and gratitude practice

The first resource kit set will be distributed to P.1 students on 21st October. The resource kit come with user manuals (Chinese version) and online educational videos (Chinese with English subtitles) to help parents understand the content design and use of the kits, as well as the relevant parenting skills in each area.

Online educational videos (Chinese with English subtitle)

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If you have any questions, please contact the school vice-principal Mr. Mok during school hours.

Yours sincerely,

Ko Tak Yin Headmistress