

ISLAMIC PRIMARY SCHOOL
NOTICE
PE Lessons and Other Physical Activity Participation

E/IC/SC/26/6
1st September 2026

Dear Parents,

To enable students to develop their ethical, intellectual, physical, social, and aesthetic potential, Physical Education (PE) is included in the school curriculum. Participation in sports is essential for children's mental and physical health. However, children with tonsillitis, bronchitis, otitis media or tuberculosis, or, who have diseases of the heart, vascular system, kidney, liver, intestine, pancreas, gall bladder etc. should not participate in sports activities unless they have received written approval from a registered medical practitioner.

If your child develops symptoms of the above diseases or other diseases not listed above, and you seek either a permanent or a temporary exemption from PE lessons and sports activities from our school, please state the reason(s) by completing the consent form. Please return it with a letter of certification from a registered medical practitioner. If there are changes in circumstances and you have previously permitted your child to participate in sports activities, (e.g. your child feels sick occasionally and requires a permanent or temporary exemption from participation in sports activities), please notify the school immediately.

If you are unsure about your child's health condition for participating in sports activities, please consult a registered medical practitioner as soon as possible.

Yours sincerely,



Ko Tak Yin
Headmistress